



ಪ್ರಶಾಂತಿ

ತೈಮಾಸಿಕ ಪತ್ರಿಕೆ



ಪ್ರಶಾಂತಿ ವಿದ್ಯಾ ಕೇಂದ್ರ, ಬಾಯಾರು | ಎಪ್ರಿಲ್-ಜೂನ್ 2025

ಸಂಪುಟ 06 | ಸಂಚಿಕೆ 01 | ಪುಟ 08

Celebrating Excellence!

**100% Success for
20 Consecutive Years**

**CBSE Class 10 Achievers
Scoring 90% and Above**



THANVI SHETTY



RAHULRADDI S N



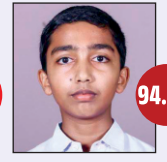
SUMUKHA U A



CHANDRASHEKHAR N K



VISHNUPANT K



AFRAZ ABDULLA



HARSHA R V



AKSHAY R N



ADITYA M S



OMKRISHNA B P



OMKAR S M



SUSHAN RAJ S M



ADARSH V ONTAGODI



THRAYAMBAKA



ROHAN SURYA S



VIJITHA M



RAHUL GOWDA G R



TRISHAR B S

**Hearty
Congratulations**

Glowing memories guiding lights-Jyothi Pradana Ceremony-A Farewell to Class 10th Students



Dr. Athira Krishna, Medical Officer, PHC, Bayar addressing the gathering during Jyothi Pradana Ceremony



Master Afraz Abdulla XB, being honoured as the Best outgoing student the all academic year



Master, Vishnupant Karlekar, being honoured as the Best All-Rounder for the academic year 2024-25



Master. Kushal Kumar M S, Class X, being honoured as the best Performer in Veda Chanting in the academic year 2024-25



Master Mahesh Kumar J P being honoured as the Best Performer in Human Value Education in the Academic Year 2024-25



Kum. Vijitha M, XC, being honoured for securing highest Marks in Sanskrit, in the academic year 2024-25



Students with lamps of knowledge



|| Om Sri Sairam ||



Dear Readers,

With folded hands and hearts full of gratitude, we offer our humble prayers to our Beloved Bhagawan Sri Sathya Sai Baba, whose divine blessings and guiding light continue to inspire and uplift every step of our school's journey. It is by His grace that our students, teachers, and management have been able to walk the path of progress, values, and excellence.

As the school steps into its 26th year of establishment, it is a moment of pride and reflection. From its modest beginnings to becoming a temple of value-based education, our journey has been both meaningful and memorable.

Among our greatest accomplishments is the consistent achievement of 100% results in the CBSE Board Examinations for 20 consecutive years. This remarkable feat is a tribute to the sincerity of our students, the dedication of our teachers, and the tireless support of our management and well-wishers.

Looking forward, the school is committed to creating a fresh and dynamic learning environment for our new learners. We aim to blend tradition with innovation, offering our students a space where knowledge meets character, and learning becomes a joyful and transformative experience.

We take this opportunity to thank our teachers, the school management, and all our well-wishers for their unwavering support, encouragement, and belief in our vision. Their collective strength is the silent force behind every achievement.

Rooted deeply in the ideologies of Bhagawan Sri Sathya Sai Baba, our school continues to stand as a beacon of value-based education, nurturing not just the minds, but also the hearts of every child entrusted to our care.

As we embark on another quarter filled with learning and growth, we pray for Swami's continued blessings and guidance. May we always live up to His teachings and serve as instruments in His divine mission.

With gratitude,

By, **H Mahalinga Bhat**
Manager, P.V.K, Bayar

A Divine tribute



Sri Jagannatha Nadiger, Education,
Coordinator, SSSSO, Karnataka North,
addressing the gathering during Aradhana Mahotsava



Narayana Seva at Galiyadka in Connection with Sri Sathya Sai Aradhana Mahotsava



PARADISE OF MY LIFE



Vishnupant
Alumnus

The abode of the Lord and truly a hub of knowledge — this is how we can describe Prashanthi Vidya Kendra. Nestled in the serene hills of Kerala, this school has always guided its students to walk the path of righteousness. The Principal, teachers, non-teaching staff, and management have always been friendly and supportive towards the students. In such an eco-friendly and spiritual environment, I was able to focus and study well. Being a school inspired by Sri Sathya Sai Baba, it is natural that valuable lessons from elders are a part of our everyday life. I learned many life lessons here — like self-discipline, humility, and the importance of not being overconfident. Most importantly, the encouragement I received from my teachers helped me overcome my stage fear. In conclusion, I have realized that we often fail to understand the true value of our school life while we are in it — but its worth becomes clear only later, as we move ahead in life.—

Training the Trainers - A Step Towards Transformative Education - Teacher Training - Phase - 2, organised by Sri Sathya Sai National Council For Schools



Sri Lakshminarayana Kote, Member, Sri Sathya Sai National Council for Schools



Environment

Environment is a vital resource found all around us. It consists of the flora and fauna along with other living organisms. And it is a major source of life. It supports living and thus convincingly forms the only living planet Earth! Earth is the only planet that supports life and is a dear home for a diverse array of all sorts of wild and aquatic life.

But due to many distributions, our environment is getting collapsed. Previously, there were major 5 distributions, but as to date now it became 6, and the 6th one is caused by we, the humans, and our activities, such as deforestation and constitutive works etc., has led to massive amount of damage to environment.

Thus let us adopt small changes and put sustainable practices in our daily life through which we can contribute a lot to the protecting and developing of environment.

And which nurtures the environment.

‘Nurture Nature, Nurture Life!’

Nuthan R.P
X B

“Karishye Vachanam Thava”

THE BODHI TREE OF MY LIFE

How a fruit becomes naivedya at Bhagawan's feet and prasadam at His devotee's palm — the same way my friends and I came as learners and came out as Sai students. It cleansed all the rajasic qualities in me and made me realize my mistakes.

Almighty Bhagawan Sri Sathya Sai Baba, who chose us, showed me the proper direction in which an ideal student must go. With excellent teaching faculties, caring hostel staff, and a determined institution, there is no loophole to spotlight Prasanthi's weaknesses. It spreads its features that glorify its achievements in academics, sports, cultural events, etc.

And it is my luck that I could witness the 25th Jubilee Year celebration while I was the student cultural in-charge. It gave me countless opportunities that have now led me to this stage, where I am still able to study under the feet of our beloved Baba for my higher studies.

At last, I would like to conclude by saying, "Be patient and have faith in God. If you don't succeed today, it is because He is waiting for you tomorrow."

"Sairam dear readers,"

You might have glanced at this panel to read my experience about the 3 years of adventure in Prasanthi. So, I gratefully welcome you all and try to convey my utmost. Prasanthi, found on the crest of a hill, spreads her arms to welcome her children. The quote ದೇವರೆ ಸೂತ್ರದಾರಿ ನಾನು ಅವನ ಪಾತ್ರದಾರಿ is an excellent example of my life spent at Prasanthi. It is the Bodhi Tree of my life, where I acknowledged all life values and challenges that everyone faces in their life.

Starting from fitness to education, spiritualism to politeness, cultural to conceptual, love & devotion, and many more — it is where I learnt in Prasanthi. The beginning days were harsh and tough, but it taught me the way to live my life. It loaded us with motivation and spiritualism to achieve its supreme motto:

"Academic Excellence with Character Building through Physical Fitness."



Sumukha Uday Anvekar
Alumnus



ಭಾರತದ ಶಕ್ತಿಶಾಲಿ ಪ್ರತಿಕ್ರಿಯೆ



ಈ ವರ್ಷ ಭಾರತೀಯ ಭದ್ರತಾ ಇತಿಹಾಸದಲ್ಲಿ ಮಹತ್ವದ ಬೆಳವಣಿಗೆ ನಡೆದಿದೆ. ಮೇ 7, 2025 ರಂದು ಜಮ್ಮು ಮತ್ತು ಕಾಶ್ಮೀರದ ಪಹಾಲ್ಗಮ್ ನಲ್ಲಿ ಉಗ್ರರ ದಾಳಿಯಲ್ಲಿ ಅನೇಕ ನಿರಪರಾಧ ಯಾತ್ರಿಕರು ಮತ್ತು ಸೇನಾಧಿಕಾರಿಗಳು ಬಲಿಯಾಗಿದ್ದರು. ಈ ಭೀಕರ ಘಟನೆಯ ನಂತರ ಭಾರತ ಸರ್ಕಾರ ತಕ್ಷಣ ಕಠಿಣ ನಿರ್ಧಾರ ತೆಗೆದುಕೊಂಡಿತು. ಅಪರೇಷನ್ ಸಿಂಧೂರ. ಈ ಕಾರ್ಯಾಚರಣೆಯಲ್ಲಿ ಭಾರತೀಯ ಸೇನೆ ವಾಯುಪಡೆ ಹಾಗೂ ನೌಕಾಪಡೆಯ ಸಹಯೋಗದಿಂದ ಪಾಕಿಸ್ತಾನದ ಉಗ್ರ ಶಿಬಿರಗಳ ಮೇಲೆ ನಿಖರವಾದ ದಾಳಿ ನಡೆಯಿತು. 9 ಪ್ರಮುಖ ಉಗ್ರ ಶಿಬಿರಗಳು ನಾಶ ಮಾಡಲ್ಪಟ್ಟವು. ಈ ಶಿಬಿರಗಳು ದೇಶ ದ್ವೇಷವನ್ನು ಎಸಗಿದ ಉಗ್ರಸಂಘಟನೆಗಳಿಗೆ ತಾಣವಾಗಿದೆ ಎಂದು ವರದಿಯಾಗಿದೆ. ಎಲ್ಲವನ್ನೂ ಸದೆ ಬಡಿದು ಭಾರತ ತನ್ನ ಅಪರೇಷನ್ ಸಿಂಧೂರ ತಂತ್ರಜ್ಞಾನ ಮತ್ತು ನಿಖರ ಯೋಜನೆಯ, ದೈರ್ಯದ ಉದಾಹರಣೆಯಾಗಿ ಮೆಲೈಸಿದೆ. ಇದು ಭಾರತ ತನ್ನ ಸೈನಿಕ ಶಕ್ತಿಯನ್ನು ಮಾತ್ರವಲ್ಲ, ತ್ವರಿತ ನಿರ್ಧಾರ ಶಕ್ತಿಯನ್ನು ಜಗತ್ತಿಗೆ ತೋರಿಸಿದೆ. ಈ ಕಾರ್ಯಾಚರಣೆಯ ನಂತರ ಅನೇಕ ರಾಷ್ಟ್ರಗಳು ಭಾರತವನ್ನು ಬೆಂಬಲಿಸಿದವು. ಇದು ಭದ್ರತೆಗಾಗಿ ನಾವೆಲ್ಲ ಒಟ್ಟಾಗಿ ನಿಂತಾಗ ಮಾತ್ರ ಉಗ್ರವಾದದ ವಿರುದ್ಧ ಗೆಲ್ಲುವುದು ಎಂಬ ಸಂದೇಶವನ್ನು ನೀಡುತ್ತದೆ. ಅಪರೇಷನ್ ಸಿಂಧೂರ ಭಾರತದ ಶತ್ರುಗಳಿಗೆ ಎಚ್ಚರಿಕೆಯ ಘಂಟೆ ಇದು ನಮ್ಮ ಭದ್ರತೆಗೆ ಭರವಸೆ ನೀಡುವಂತದ್ದು ನಾವು ಶಾಂತಿ ಪ್ರಿಯರು ಆದರೆ ನಮ್ಮ ದೇಶದ ರಕ್ಷಣೆಗಾಗಿ ಬಲವಾದ ಪ್ರತಿಕ್ರಿಯೆ ನೀಡಲು ಸಿದ್ಧರಿದ್ದೇವೆ ಎಂಬುದನ್ನು ಇದು ಸಾಬೀತು ಪಡಿಸುತ್ತದೆ. ಸಂಸ್ಕೃತಿ ಸಂಸ್ಕಾರವುಳ್ಳ ಭಾರತದ ಪರಂಪರೆಯನ್ನು ಒಡೆಯಲು ಯಾರಿಗೂ ಸಾಧ್ಯವಿಲ್ಲ ಇದು ಶಕ್ತಿಯ ಪ್ರತೀಕ ಭಾರತದ ಶ್ರೇಷ್ಠ ಪರಂಪರೆಯ ಮಿನುಗುವ ಫಲಕ.

ಭಾರತ ಮಾತಾಕಿ ಜೈ

ರಜ್ಜ ನಫೀಸ. ಬಿ. IX ಸಿ



Releasing Prashanthi School Annual Magazine



Distribution of Amrutha Kalasha Kits, Sponsored by Sri Sathya Sai Trust, Karnataka



Students of class 10, donating Rs. 30000 to the school welfare fund as token of love and gratitude



Kum. Thanvi Shetty, School Topper in AISSE 2025 being Felicitated by the Management

School Praveshotsava 2025-26 - A grand Beginning to a New Learning Journey



12 Coconut Ganapathi Havana and Saraswathi Havana by Vedhamoorthi Sri Navaneetha Krishna Bhat, Bolanthakodi & Team



It was a downpour period when we came to school.
Feeling sleepy during classes and heavy shower outside the door.
We shout and laughs echo through the class. Notes are passed and paper planes fly.
Class activities, assessments we do with colourful ideas and thoughts.

At P.T. period we enjoy and games make sound all over the place.
Monthly, periodical tests we attend where these all make us serious...
Where maths makes it more elevated.
Finally, we are set to learn more in a new academic year...

Vishnu Teja. P
X 'A'

Green Today, Greener Tomorrow - Environment Day Celebration at our School



ಅಮ್ಮ

ನನ್ನ ಹಡೆದವಳು ನೀನೆ
ನನ್ನ ಸಾಕಿದವಳು ನೀನೆ ಹಸಿದಾಗ
ಹಾಲು ಕುಡಿಸಿದವಳು ನೀನೆ
ಅಳುವಾಗ ಲಾಲಿ ಹಾಡಿದವಳು ನೀನೆ //೧//

ನನ್ನ ಬಾಳಿಗೆ ಗುರುವಾದೆ ನನ್ನ ಜೀವನಕ್ಕೆ ಬೆಳಕಾದೆ
ನನಗೆ ಇರುವ ದಾರಿ ಹಲವು ನನ್ನ ಚೊತೆ ನೀನಿದ್ದರೆ ನನಗೆ ಗೆಲುವು //೨//

ನನ್ನ ತೊದಲು ನುಡಿಯಲ್ಲಿ ಸ್ವರ್ಗವನ್ನು ಮೀರಿಸಿದೆ
ನಿನ್ನ ಮಡಿಲು ನನಗಾಗಿ ನೀ ಕಷ್ಟಪಟ್ಟು ದುಡಿದೆ
ನನ್ನನ್ನು ಪ್ರತಿಭಾವಂತ ನಾಗಿ ಮಾಡಿದೆ //೩//



ವಿಕಾಸ್. ಕೆ. ಎಚ್.
VIII ಎ

ಗಿಡ ಮರಗಳು ಇರಲಿಕ್ಕೆ
ನಗುತಿರುವುದು ಜಗವೆಲ್ಲ
ನಾವು ನಮ್ಮ ಹಿತಕ್ಕೆ
ಬಳಸುತ್ತೇವೆ ಇವನೆಲ್ಲ.
ಈ ಭೂಮಿ ಬರಡಾಗುತ್ತಿದೆಯಲ್ಲ
ಅದಕ್ಕಾಗಿ ನೆಡೋಣ ಗಿಡಗಳನ್ನೆಲ್ಲ
ಜೀವಿಗಳಿಗೆ ಕುಡಿಯಲಿಕ್ಕೆ ನೀರಿಲ್ಲ
ದನ ಕರುಗಳಿಗೆ ಹಾಕಲು ಮೇವಿಲ್ಲ
ಇದನ್ನರಿತು ಎಚ್ಚರಾಗೋಣ
ಪರಿಸರ ಸಂರಕ್ಷಣೆ ಮಾಡೋಣ
ಮುಂದಿನ ಪೀಳಿಗೆಗೆ ಉಸಿರಾಗೋಣ
ಗಿಡ ಮರಗಳ ಬೆಳೆಸೋಣ
ಜೀವಿಗಳಿಗೆ ಬೇಕು ಜೀವಿಸಲು ಗಾಳಿ
ಭೂಮಿತಾಯಿಗೆ ಬೇಕು ಹಸಿರು ಬಳ್ಳಿ
ಹಸಿರು ಸಿರಿಯನ್ನು ಉಟ್ಟಾಗ ಭೂಮಿತಾಯಿ ಹಸಿರಹಳ್ಳಿ.

ಪರಿಸರ ಸಂರಕ್ಷಣೆ

ಸಮ್ಮೇದ್ ಜೈನ್
Xಸಿ

NATURE'S BLESSINGS

*Nature, nature, nature.
Nature is beautiful.
Nature has trees. The trees give us air to breathe.
Nature provides air to people.
Nature brings beautiful colours to people's smiling faces.
Nature has rivers that give water.
Nature has given us fruits and crops.
Air and land are gifts for people to live.
Nature gives us the sunrise to wake up in the morning.
Nature gives rain for children to dance and enjoy.
The one and only thing that gives us trees,
beautiful colours, places, air,
rain, sky, and sunrise — is Nature.*

Atharv S.Y.
8th B

THE LESSONS BEHIND THE RULES

When I first joined this school, I didn't fully understand what it was trying to give me. I saw the discipline, the strict rules, the constant reminders to be better. At times, it felt overwhelming. But slowly, I began to see the truth — this school wasn't trying to make life hard for us, but rather, it was trying to prepare us. Every rule was a lesson. Every correction was a step towards growth. What once felt like pressure, I now understand was care in its purest form.

This school gave me more than academics. It taught me how to face the world — with confidence, courage, and character. It built in me the values of honesty, hard work, and respect. It gave me memories with teachers who pushed me beyond my limits, and friends who became family. It gave me moments of failure that made me stronger, and moments of achievement that I will always carry in my heart. The foundation laid here will stay with me, no matter where life takes me.

To my juniors — yes, this school is strict. Yes, it demands a lot from you. But one day, you will realize that every bit of it was worth it. These walls are not just classrooms. They are the place where your future is quietly being shaped. So embrace it. Respect your teachers, stay true to your efforts, and be proud to be a part of this journey. Because this school is not just where we study — it's where we learn how to live.



Vijitha M
Alumnus

THE POWER OF YOGA

Yoga is a holistic practice that unites body, mind, and spirit through physical postures (asanas), breathing techniques (pranayama), and meditation. It promotes flexibility, strength, balance, and relaxation while reducing stress and anxiety.

Regular yoga practice enhances physical health, mental clarity, and emotional well-being, fostering a deeper connection with oneself and the world. While Yoga Day has been celebrated globally on June 21st, it has become a significant event promoting physical, mental, and spiritual well-being.



The theme for International Yoga Day 2023 is "Yoga for One Earth, One Health." This theme, announced by Prime Minister Narendra Modi during his Mann ki Baat address on March 30, 2023, emphasizes yoga's

role in promoting global health and environmental harmony.

Yoga is the gift that offers us a profound way to connect with ourselves, others, and the world around us. Yoga is an ancient Indian practice. It is an art and science of healthy living. The word "yoga" is derived from the Sanskrit root "yuj" meaning "to join" or "to yoke" or "to unite." Yoga may help relieve anxiety and depression. B.K.S. Iyengar indeed emphasized the holistic nature of yoga. There is a quote: "Yoga is not just a practice; it is the way of life." This quote highlights his perspective on yoga as a comprehensive approach to living, extending beyond physical postures to encompass mental, emotional, and spiritual well-being.

Minu Mariam
10 C

MY HOME

My home is very beautiful. I live here.
I stay with my sister, mother, and father.
The days I spend at home are beautiful.
The food at my home is tasty.
My home is like heaven, where God stays.
My mother and father go to work.
My sister and I stay at home.
My home is very precious.
It is the place where I was born.
In my home, we play with cats and dogs.
Sometimes, my sister and I fight.
My home is in Karnataka.



Sai Samarth
VI B

I PROMISE, NATURE

Nature, Nature...
You are so bright,
You are so high...
The wonderful and mighty power,
You are all in your own.

You are only the one
To survive, survive, to survive (Nature...)
The society!
You are the container of plants.

You are the conditioner of animals.
You are the one, a true supporter (Nature...)

I promise never to hurt you,
Or harm you (Nature...).

Vibhu B G
7th A

School Parliament Election- 2025-26



Sri H Mahalinga Bhat,
Managing Trustee,
inaugurating School
Parliament Election
2025-26



OH FATHER!

You're the one
Whom I bother
About my future
When I cry,
You make my tears dry.
You taught me to triumph
Over disaster
By making me a master.
You gave me what I need,
But I never helped you indeed.
With your hard work and creativity,
You taught me how to live in a society.
You will be in my heart
Forever and ever.
You always shine
Forever and ever.
Oh Father, I love you
From the depth of my heart.



Shishir B
X 'A'

BE THE CHANGE:

THE MAGIC OF KINDNESS

In a world full of noise, stress, and competition, one simple thing can make life better for everyone — kindness. Kindness means showing care, compassion, and respect to others without expecting anything in return. It can be as small as a smile or as big as helping someone in need.

Why Kindness Matters

- ▶ Kindness builds trust and friendships.
- ▶ It makes people feel valued and safe.
- ▶ When someone is kind to us, it lifts our mood.
- ▶ When we are kind to others, it brings happiness to our hearts too.

Acts of Kindness

- ▶ Helping your classmates with homework.
- ▶ Feeding a stray animal.
- ▶ Saying kind words to someone who is sad.
- ▶ Cleaning your surroundings without being asked.

"Let's not wait for others. Let's be the reason someone smiles today."
Be kind. Be the change.

Mahesh M. C.
9th C

PEACE

"P" in Prashanthi symbolizes Peace. This heaven is situated on the hills with no disturbance. The 3 to 5 years you spend here is going to be the most memorable images you will recollect.

"Mark my words". You will realize this at the end of your journey when there are few more days left for your farewell.

At initial stages you will regret for choosing P.V.K, later on then you will be proud of your decision. The faculties and friends you get here are going to be the best people you meet. It is not simply called as Prashanthi family, here teachers make you feel as you are their own children. This place is where your talents will be under the light. After travelling few years, Prashanthi will be equivalent to your home. The comfort you get here is the best. Food which makes it even better.

Hey Brothers and Sisters! Don't hate this place or else you'll regret it. As a senior, I'm telling you — enjoy the days left with you and grab plenty of opportunities you get here. You have got an amazing family where you'll be taught about discipline, character building, and many more. You will understand my words only after you leave this institution. So, be consistent in studies along with grabbing opportunities.



Thanvi Shetty
Alumnus