



PRASHANTHI ಪ್ರಶಾಂತಿ e-ಮಾಸ ಪತ್ರಿಕೆ



ಪ್ರಶಾಂತಿ ವಿದ್ಯಾಕೇಂದ್ರ ಬಾಯಾರು | ಅಗೋಸ್ಟ್ 2025

ಸಂಪುಟ 02 | ಸಂಚಿಕೆ 03 | ಪುಟ 05

"A BLISSFUL OFFERING AT THE DIVINE LOTUS FEET, OUR STUDENTS HAD THE RARE FORTUNE TO PRESENT THEIR DANCE AT PRASHANTHI NILAYAM — A MOMENT BLESSED BY THE INFINITE GRACE OF OUR BELOVED SWAMI."



CELEBRATED THE SACRED SPIRIT OF AATI MONTH THROUGH ATIDA VANAS, A BEAUTIFUL BLEND OF TRADITION, CULTURE, AND DEVOTION."



79th Independence Day Celebration



Shree SATHYANARAYANA BHAT SERAJE, Chief Manager
Refinery officer, MRPL Mangalore Addressing the gathering during 79th independence celebration



With love and gratitude at the Divine Lotus Feet of our Beloved Bhagawan, I am delighted to share this month's newsletter with each one of you.

The month of August and September have been truly sanctified with the celebration of two sacred festivals—Ganesh Chaturthi and Sri Krishna Janmashtami. Both these occasions remind us of the deeper spiritual truths taught by Bhagawan. Lord Ganesha, the remover of obstacles, inspires us to begin every endeavour with purity and devotion, while Lord Krishna, the epitome of love and wisdom, guides us to live a life of dharma through joyous surrender.

This year, these celebrations were observed across Karnataka in a most grand and devotional manner, filling hearts with bliss and reinforcing the spirit of unity, seva, and sadhana.

A moment of eternal pride and joy for us was when our students were blessed with the rarest opportunity to present a dance performance at the Divine Lotus Feet in Prashanthi Nilayam. Truly, such chances are not mere events but milestones in their spiritual journey, sowing the seeds of devotion and discipline in young hearts. Their offering was not just an artistic expression, but an act of worship—an offering of their love at the Feet of the Lord.

As we continue our journey, let us remember Swami's message that festivals are not just occasions for external celebration but opportunities for inner transformation. May we carry the spirit of devotion, service, and love into our daily lives and strive to live as worthy instruments of Bhagawan.

With loving regards and prayers at His Lotus Feet

By, **Sri. M Padmanabha Pai**
State President, SSSSO
Karnataka (North)

79th Independence Day Celebration



Shreekrishna Janmastami Celebration



Independence Day

Independence Day is not just a common day for Indians, because it is the great day on which we got freedom and independence from British rule. On the midnight of August 14, we got independence. That is easy to say, but behind that, many great and fearless freedom fighters lost their lives. As we say, "Every successful story has many problems." Similarly, "Everything we gain comes after pain." The names of the major freedom fighters are as follows: Bhagat Singh, Mangal Pandey, Chandra Shekhar Azad, and Mahatma Gandhi. On the 15th of August, we celebrate our Independence Day by remembering our great and valiant patriots. On this day in India, our Honourable Prime Minister hoists the tri-coloured flag (Tiranga) at the Red Fort, Delhi. A parade is also conducted by the Defence Forces of our country. It is celebrated throughout the country by hoisting the flag in every house under the theme "Har Ghar Tiranga", in public places, schools, and government buildings, as well as in municipalities and panchayats.

Chirag Gowda T.K
XA

ವೀರ ಸೈನಿಕ

ಸೈನಿಕ ಎಂಬ ಶಬ್ದವನ್ನು ಕೇಳಿದಾಗ ನಮ್ಮ ಧಮನಿಗಳೆಲ್ಲ ಹೊಸತೊಂದು ದಿವ್ಯಸಂಜಲನ ಮಾಡುತ್ತದೆ. ಸೈನಿಕನೆಂದರೆ ಕೇವಲ ವ್ಯಕ್ತಿಯಲ್ಲ ಅವನೊಂದು ಶಕ್ತಿ. ನಮಗೆ ಹೋಲಿಸಿದಾಗ ಸೈನಿಕರ ಜೀವನ ತುಂಬಾ ಮಹತ್ವಪೂರ್ಣವಾದದ್ದು ಆದರೆ ಅವರು ದೇಶಕ್ಕೋಸ್ಕರ ತಿನ್ನು, ನಿಜ್ಜೆಯ ಸಿಪಾಳು ಎಂಬ ಹೆಗ್ಗುಲಕೆ ಮತ್ತು ತ್ಯಾಗ ಜೀವಿ ಯೆನಿಸಿ ಕೊಳ್ಳುತ್ತಾರೆ.

ಮಣಿ, ಚಳಿ, ಹಿಮಾಪಾತ, ಜಸಿಲು, ಗಾಳಿ ಇವುಗಳ ಲೆಕ್ಕಿಸದೆ ಅಹೋರಾತ್ರಿ ಭಾರತ ಮಾತೆಯ ರಕ್ಷಣೆಗೆ ನೆಚಿದು ನಿಂತ ಯೋಧ ಮಹಾ ತ್ಯಾಗ ಜೀವಿ. ಶೋಷಿತರ ಪ್ರಾಣ ರಕ್ಷಣೆ ಮಾಡುವ ವೀರ ಸನ್ಯಾಸಿಗಳು. ಮನೆ ಮಠ, ಹೆಂಡತಿ ಮಕ್ಕಳು, ಸಂಸಾರ ವನ್ನೇ ತ್ಯಜಿಸಿ ದೇಶಕ್ಕಾಗಿ ಪ್ರಾಣಅರ್ಪಣೆ ಯನ್ನು ಮಾಡಲು ಸಿದ್ಧರಾಗುವ ಸೈನಿಕ ಕಾಪಾಡುವ ಭಗವಂತ. ದೇಶಕ್ಕೆ ಗಂಡಾಂತರ ಒದಗಿದ ಕೂಡಲೇ ಕಠಿಣ ಪ್ರಯತ್ನ, ಶ್ರಮ, ಕೃಷ್ಣ ಪರಿಸ್ಥಿತಿಯನ್ನು, ಧೈರ್ಯ, ಸೈಯ್ ಗಳನ್ನು ತೋರುವ ಪ್ರಾಮಾಣಿಕ ಪ್ರಾಣ ತ್ಯಾಗಿಗಳು ನಮ್ಮ ಸೈನಿಕರು.

ಕಾರ್ಗಿಲ್ ಯುದ್ಧ, ಪಾಕಿಸ್ತಾನ ಯುದ್ಧ, ಅಪರೇಷನ್ ಸಿಂಧೂರ, ಜಮ್ಮು ಕಾಶ್ಮೀರಗಳಲ್ಲಿ ತಮ್ಮ ತಾಕತ್ತನ್ನು ಪ್ರದರ್ಶಿಸಿ ದ ನಮ್ಮ ವೀರ ಸೈನಿಕರು ವಿಶ್ವವಿಖ್ಯಾತರು. ಅವರಿಗೆ ನುಡಿ ವಂದನೆಗಳನ್ನು ಸಲ್ಲಿಸುತ್ತಾ, ಇನ್ನಷ್ಟು ಭಾರತಾಂಬೆಯ ಪುತ್ರರು ಸೈನ್ಯಕ್ಕೆ ಸೇರಿ ಭಾರತ ಮಾತೆಯ ವೀರ ಯೋಧರಾಗಿ, ಭಾರತ ಭೂಮಿಯ ರಕ್ಷಣೆಗಾಗಿ ತನುಮನ ಧನ ಗಳನ್ನು ಅರ್ಪಿಸಲು ಸಿದ್ಧ ಹಸ್ತರಾಗಿ ಹಾರೈಸುತ್ತ ಸೈನಿಕರೇ ನಮ್ಮ ದೇಶದ ಅಸ್ತಿ.

ಸಾಯಿರಾಮ್
ಸಮ್ಮೇದ್ ಜೈನ್ ಗಂಸಿ

ಸಂಸ್ಕೃತ ದಿವಸ:

आमन्त्रितोल्लासविन्लुसिवर्षः
विवृद्धवद्धौधहृषीकहर्षः
विद्यतितच्छात्रगुणप्रकर्षः
सुपर्वभाषादिवसां थमार्थः ॥
मनोमुदः कोविदकुञ्जराणं
तन्यन्त एतेन च निर्जरानाम् ।
गुर्गेगरिष्ठैरिह भासमानो
विराजनां संस्कृतवासरोज्यम् ॥

प्रतिप्रदेश किन कीर्तिघोषः
जनैः समन्तौन्य मुदा स्वदोषः ।
गीर्वाणवाणि गौरवाणा
माचर्यत संसदि कोविदानाम् ॥



-अनूप नायक
- दशमी वर्गः

Kho-Kho

My topic is Kho-Kho. Kho-Kho is a game where nine or ten players sit for chasing, and another team has to run and try to escape. In our entry, three people will come for dodging. The chasers should run, and they should put protection, skydive, dive, and leg tap.

Skydive means putting your hand on the pole. Skydive is like diving in a swimming pool, the same as putting your hand on the pole, but when you dive very far, that time it is called skydive.

It has various points. Leg tap means as we run and touch each other, you should bend and touch their leg.I

Atharv M
8th A



Kho Kho

**Success is the fruit of hard work, dedication, and perseverance.
Congratulations to our Class Toppers of the July Monthly Test for setting an inspiring example of excellence!"**



Aryan Reddy- VI A(1st Rank)



Shreehari- VI B(2nd Rank)



Prathyush- VI B(1st Rank)



Dhaksh VI B(2nd Rank)



Vibhu & Sathvik- VII A(1st Rank)



Samrudh -VII B(1st Rank)



Akash- VII B(2nd Rank)



Ganesh - VIII A(1st Rank)



Adharsha- VIII B(1st Rank)



Abhishek MT VIII B(2nd Rank)



Samrudh Shetty- VIII C(1st Rank)



Pranav Krishna b- VIII C(2nd Rank)



Gourav Bhandari -IX A(1st Rank)



Pratham- IX B(1st Rank)



Soham -IX B(2nd Rank)



Mahesh MC -IX C(1st Rank)



Athmi Shetty -IX C(2nd Rank)



Adhitya I G- X A(1st Rank)



Sadashiva Soddi B(1st Rank)



Danush-X B(2nd Rank)



keerthana- X C(1st Rank)



Charith D- X C(2nd Rank)

Celebrating Perfection!
Our brilliant achievers
who scored a perfect
100/100 in their subjects -
"A true reflection of
hard work and dedication."



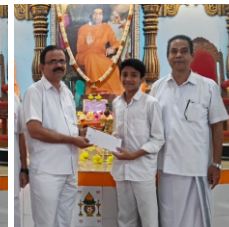
Shreedhara - VA A



Tejas - VII A



Abhay - VIII B

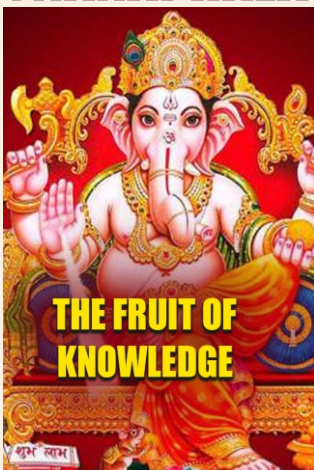


Atharva Mandvi - VIII A



Abhay Akshay - IX A

JNANAPHALA



Ganapathi and Shanmuka were sitting on the laps of their parents, Lord Shiva and Parvathi, at Kailash. Narada came there and offered a fragrant mango to Lord Shiva. Since there were two children, Shiva had difficulty deciding to whom he should give the fruit. Narada came up with a solution. He said, "Lord, the two children of yours are very intelligent and brave. They have no equal in all the three worlds. Therefore, you cannot give this fruit to only one of them. Please organise a contest for them and give the fruit to the winner. The contestants should go around the three worlds, and the one who wins should be declared the winner and given the fruit." Lord Shiva and Parvathi agreed to this, and so did Ganapathi and Shanmuka. Shanmuka accepted and immediately went on his peacock to begin his journey, while Ganapathi continued to sit on his father's lap. Narada laughed and asked, "Ganapathi Prabhu, how is it that you have not yet started your journey? Are you not interested in the fruit?" Ganapathi then got down from his father's lap. With devotion, he folded his hands and went around Shiva and Parvathi three times, explaining that they were the father and mother of all the three worlds, and therefore going around them was as good as going around the three worlds. He then took the fruit from his father and started eating it. When Shanmuka returned after going around the three worlds, he came back seated on his peacock. To his surprise, he noticed Ganapathi already eating the fruit and was annoyed. By this act, Ganapathi received the title of "Jnanaphala" (fruit of wisdom).

Shrihari M. S.VI 'A'

Glimpses Of Vidya Ganapathi Mahotsava celebration



**Jayarama Rai Katukukke, Principal,
Vittal JC Unglish Medium school, Vittla**



Runners- up in CBSE Cluster X, Kabaddi Championship(Under 17)



Runners- up in CBSE Cluster X, Kabaddi Championship(Under 14)



Runners- up in CBSE Cluster X, Kho- Kho Championship(Under 17)



**Participants in Sahodaya North Kerala Table Tennis Tournament
(Under 14)**



**Runners - up in Sahodaya North Kerala Table Tennis Tournament
(Under 17)**



Participants in CBSE Cluster X, Yoga Tournament



Participants in CBSE Cluster X, Swimming Tournament



3rd Runners - up in CBSE Cluster X, Kho - Kho Championship(Under 14)

